

# **BELGIUM'S ENGLISH-SPEAKING HELPLINE NEEDS YOUR HELP!**



# **CHS**

## **COMMUNITY HELP SERVICE**

supporting our international community since 1971

**COPING WITH  
LIFE'S  
CHALLENGES?  
CALL FOR HELP.**



**Community Help Service** is a non-profit organisation which provides information, support and mental health services to members of the international community in Belgium who need help and prefer to speak English, regardless of nationality and circumstances.

The services offered are:

**The CHS Helpline:** This is a free, 24/7, anonymous and confidential telephone support service in English for children, adolescents and adults. It is operated by volunteers who are trained, supported and supervised by mental health professionals.

**The CHS Mental Health Services Centre:** A multilingual team of professional psychologists, psychotherapists and psychiatrists provides a wide range of mental health support to children, adolescents, adults and families. A team of volunteers supports the therapists and operates the centre.

Maybe your friends, neighbours or colleagues are using CHS services for such issues as children's learning difficulties, adolescents' relationship concerns or adults' work or family problems.

**But CHS needs help too:** Whilst the Mental Health Services Centre is self-sustaining, the Helpline - with annual running costs approaching €30,000 - receives no subsidies at all (unlike the French, Dutch and German Helplines). We raise about half of the funds required through our own fund-raising efforts, but need to find the rest through donations.

- 1. Could supporting the CHS Helpline fit into the Corporate Social Responsibility programme of your organisation?**
- 2. Would you consider adding the CHS Helpline to the organisations which you support?**

**We would be delighted to meet you to talk about CHS.**

Tax efficient donations can be made via the King Baudouin Foundation (KBF):

- In Belgium: via KBF's "Friends of Community Help Service Fund" at [www.kbs-frb.be/en](http://www.kbs-frb.be/en)
- In the US: via KBF's "Community Help Service ASBL (BE)" fund at [www.kbfus.org](http://www.kbfus.org)

Donors in Belgium obtain a tax benefit of 45% for donations during a year of €40 or more. Donors in the US may claim the maximum tax benefits allowed by US tax law for their contributions.

Further information about donating via KBF can be found on the CHS website.

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